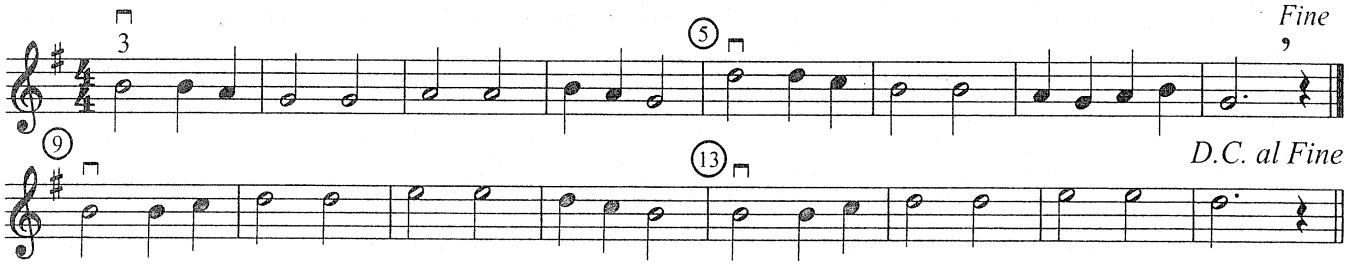
III. THE DEVELOPING VIBRATO

The following tunes and exercises are fun to play, and they help your newborn vibrato become mature in several important ways.

17. Go Tell Aunt Rhody

Traditional

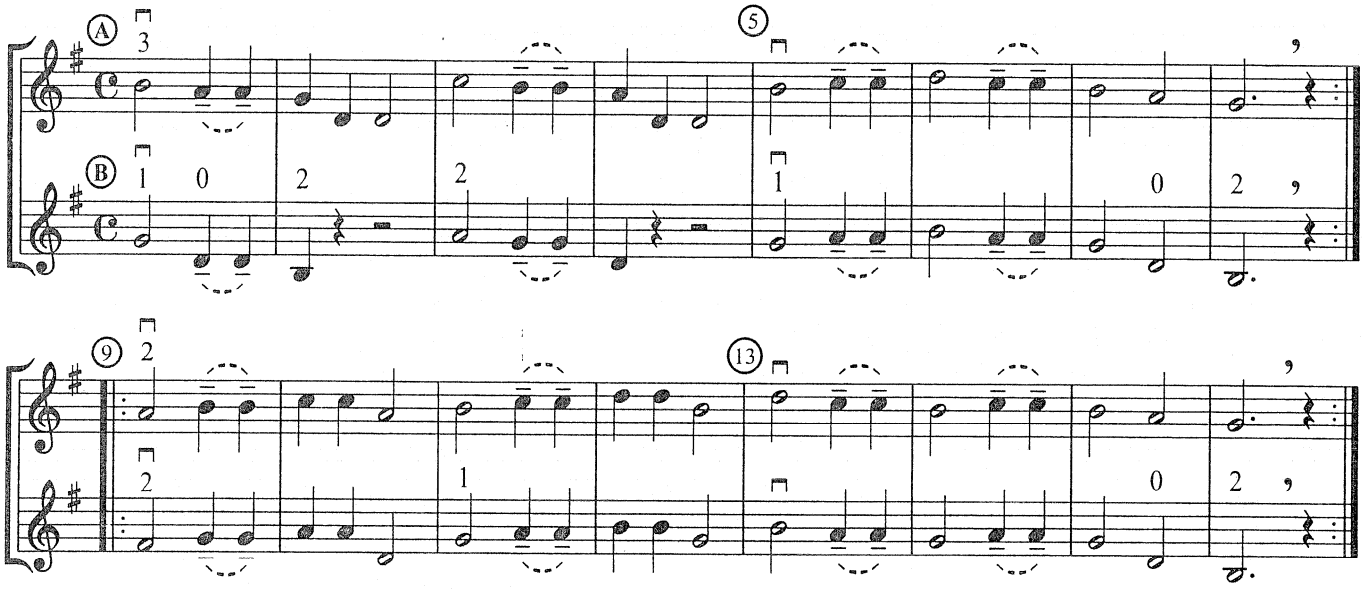
This is surely the saddest song ever written in a major key! Use your widest, wobbliest, *saddest* vibrato!



18. Wauwatosa Wawa

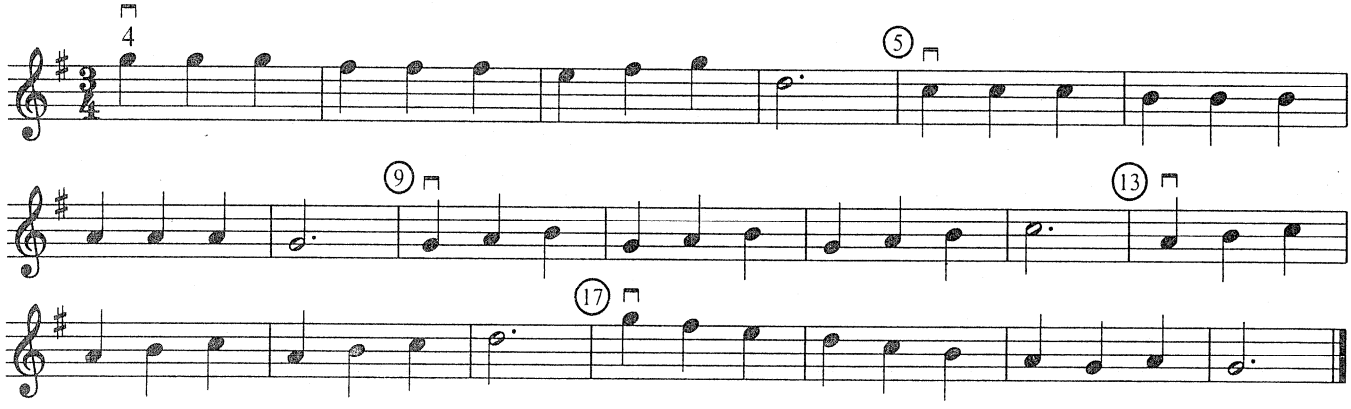
Wohlfahrt Op. 38, no. 34

Play this piece using separate bows and also observing the dashed slurs.



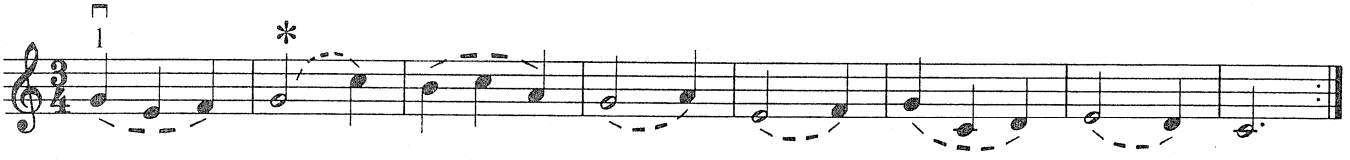
19. Pierre's Stairs ♩ = 100 – 112

French Folk Song



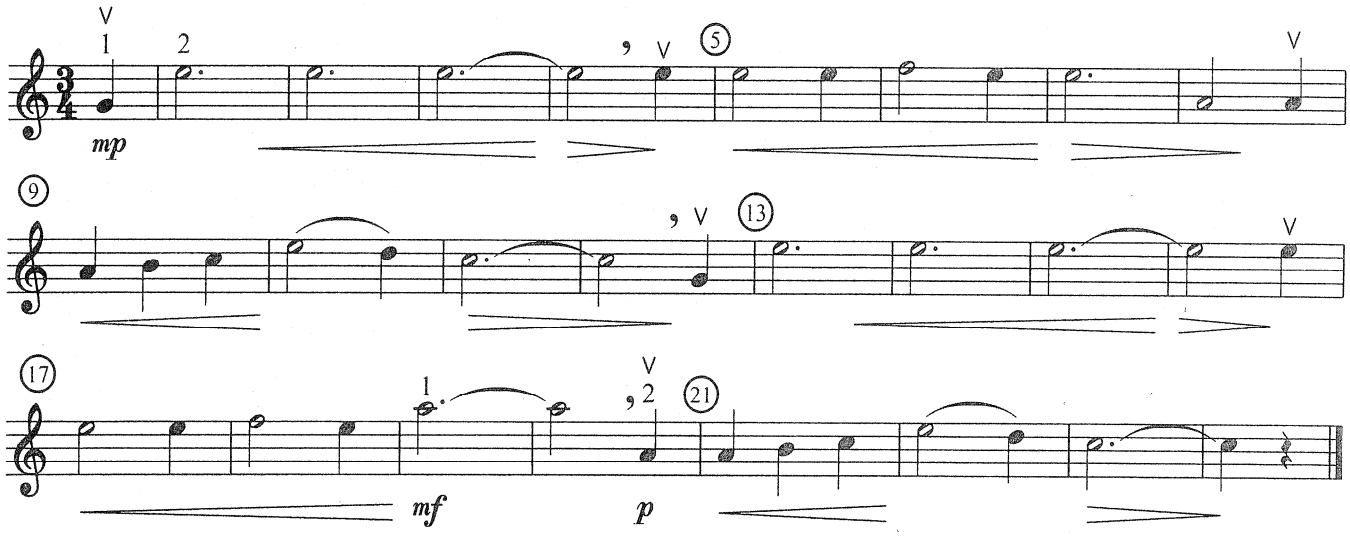
20. Happy New Year (Round) ♩ = 88 - 96

Swiss



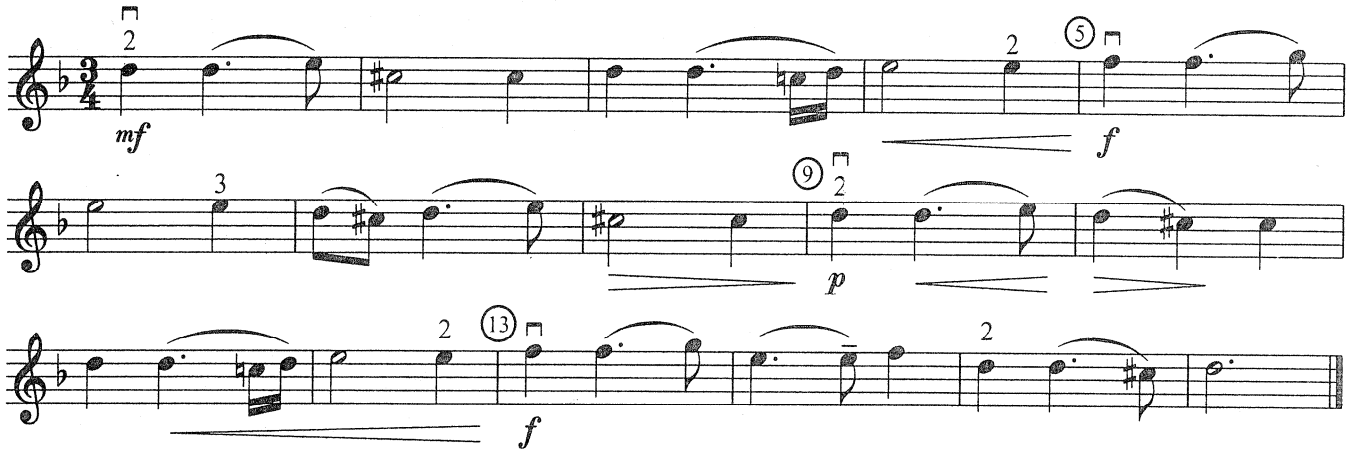
21. Dreams of Love ♩ = 88 - 100

Liszt



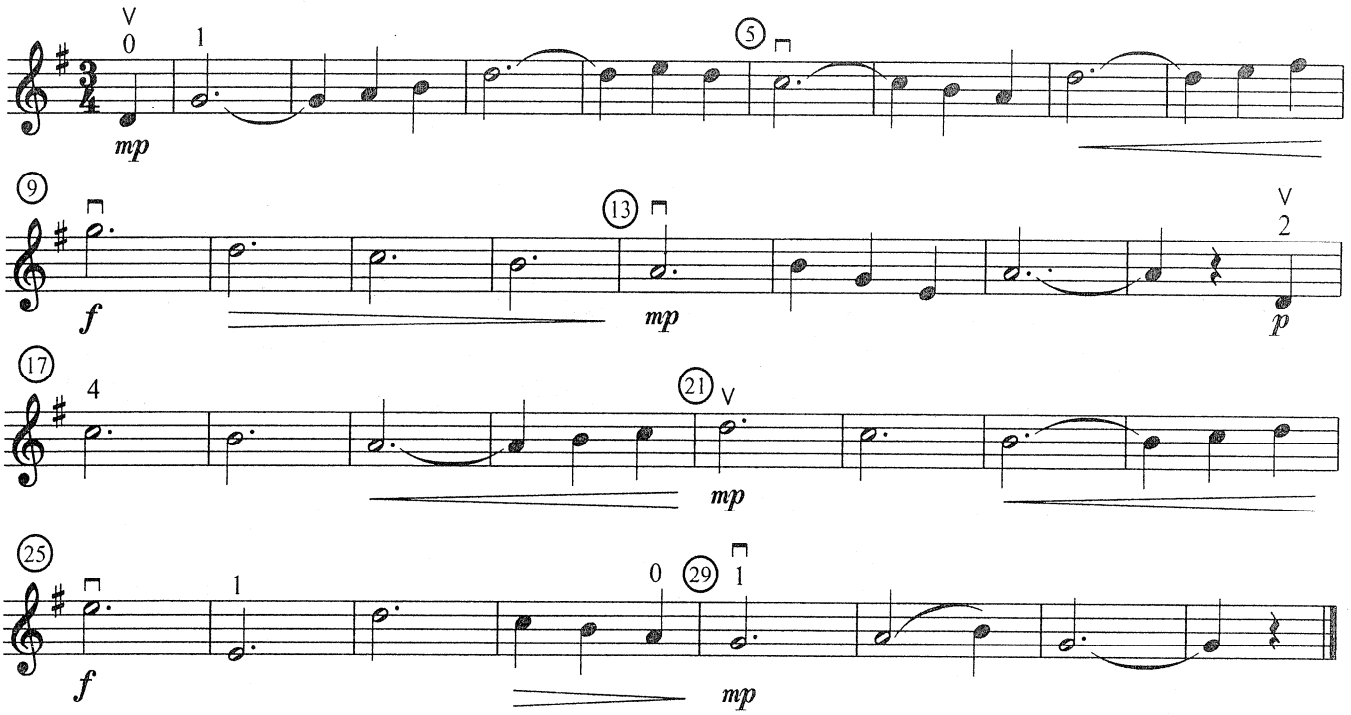
22. La Folia ♩ = 69 – 72

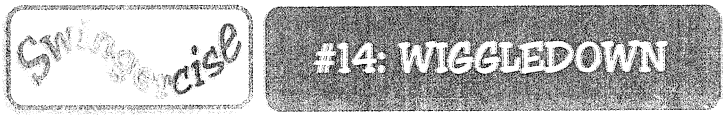
Corelli



23. Gold and Silver Waltz ♩ = 132 – 144

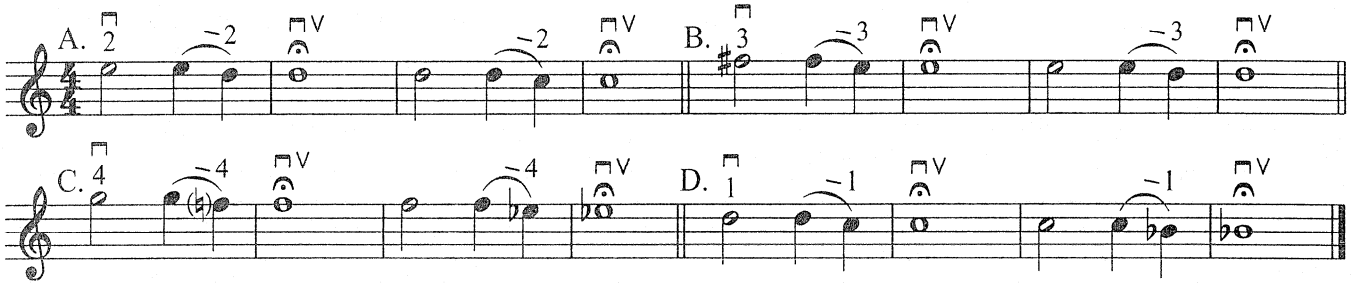
Lehár





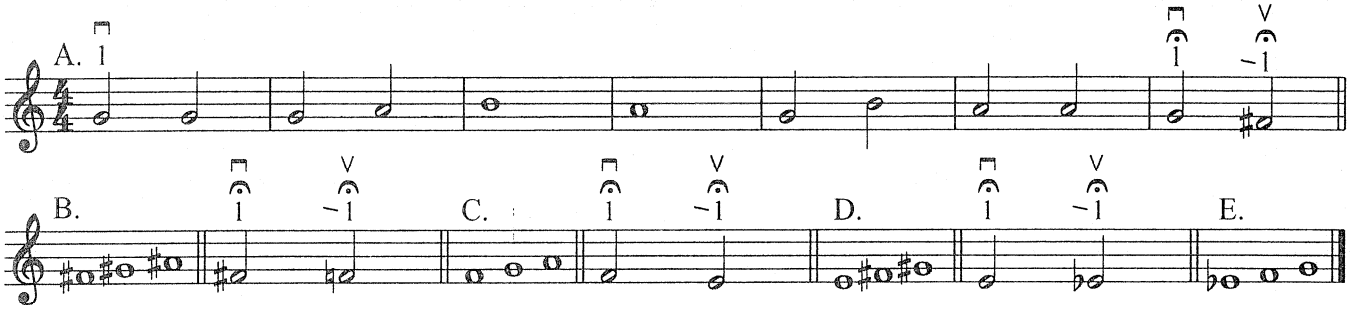
A new vibrato that works well in 3rd position sometimes is confused at first in the lower positions. "Play" Song #24 *Sigh!* first without the bow. From measure 2, place one, two, or three right hand fingers between the heel of your left hand and the violin rib. Your right fingers will serve as a temporary "rib extension," providing support for the left arm. When the vibrato is swinging smoothly, take away your right fingers. Put them back if the vibrato gets confused again.

24. Sigh!



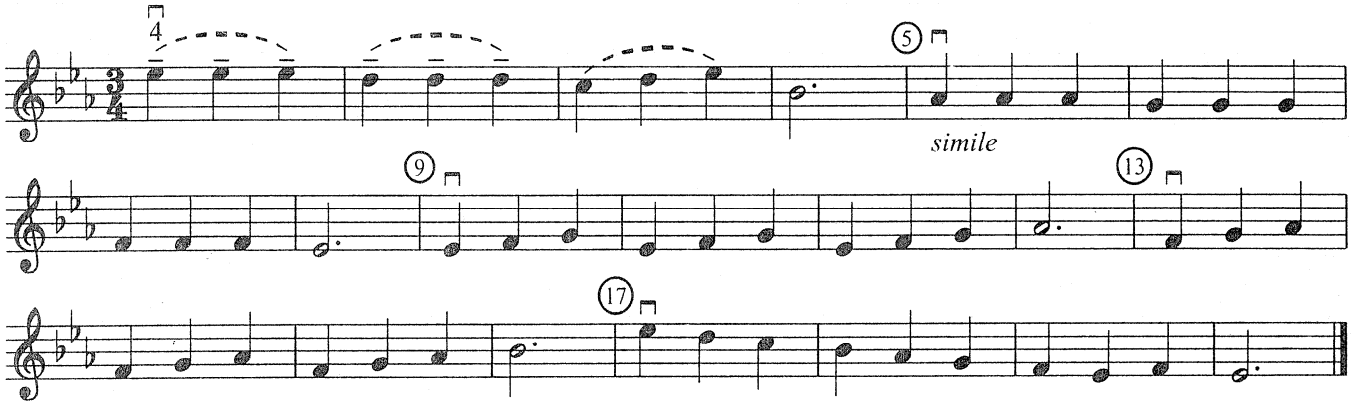
25. Pierrot's Basement Door ♩ = 76 — French Folk Song

Slowly play the first phrase of *Pierrot's Basement Door* (A). Create a wide, easy vibrato on each note. In the fermata measures, move your hand back a half step, and play *Pierrot* again, using the indicated pitches written in versions B, C, D, E.



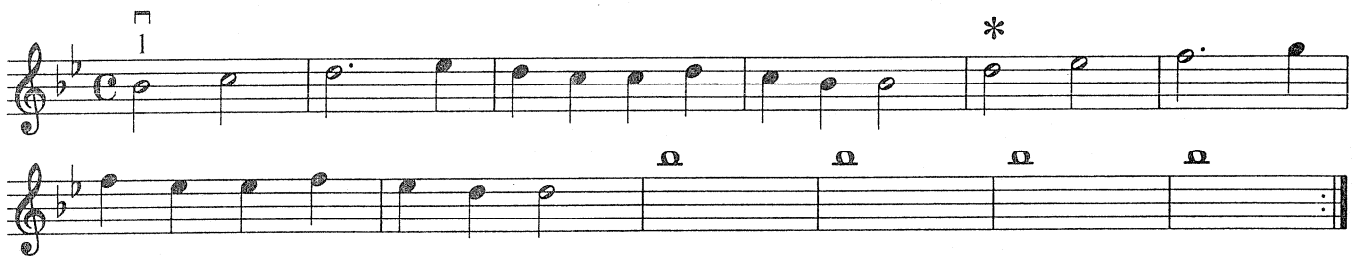
26. Cellar Stairs ♩ = 76 — French Folk Song

Play this piece using separate bows and also observing the dashed slurs.



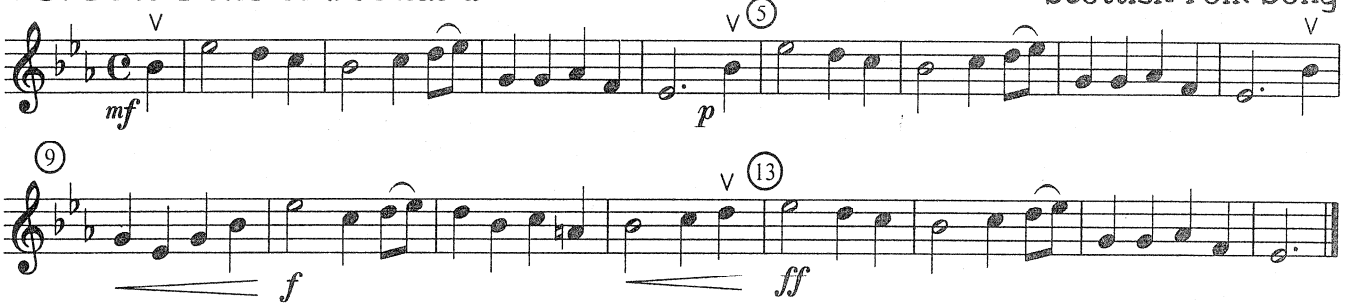
27. Where is John? (Round) ♩ = 92 – 100 — Smetana

The asterisk * indicates the second entrance of the melody.



28. Blue Bells of Scotland ♩ = 84

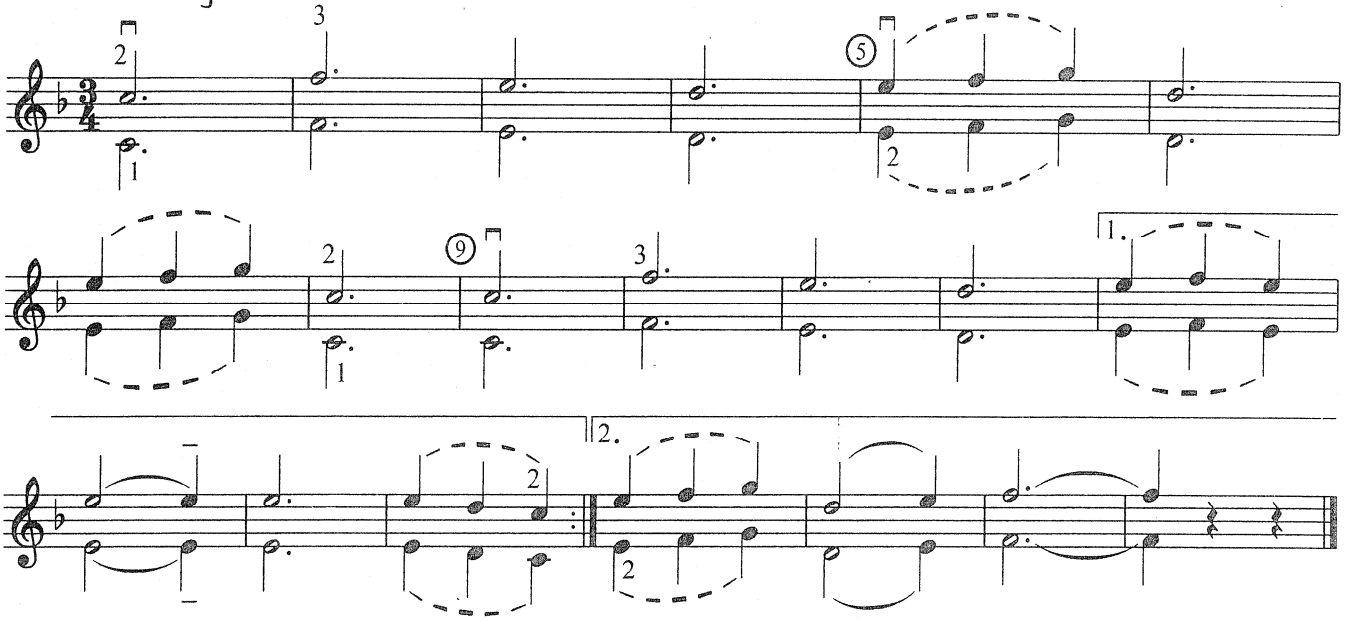
Scottish Folk Song



29. Southern Roses ♩ = 104

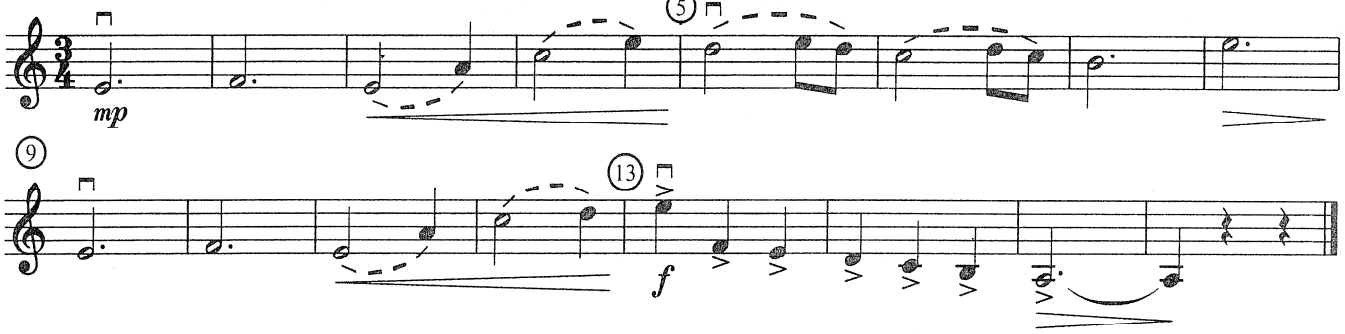
Strauss

Play this piece in both the A string and G string registers, using separate bows and also observing the dashed slurs.



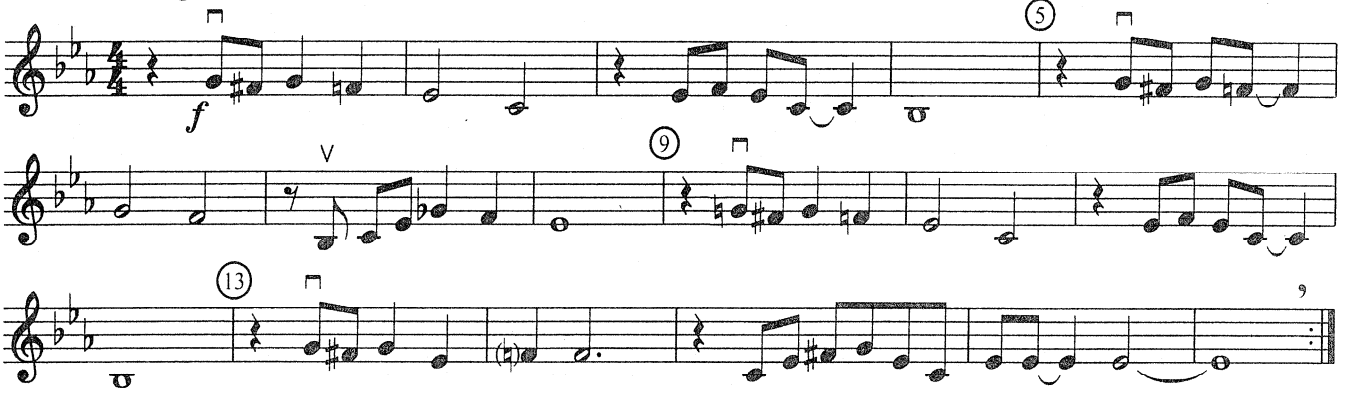
30. Manta Ray Ballet ♩ = 84

Wohlfahrt Op. 45, no. 8



31. Midnight Special Blues ♩ = 104

Unknown

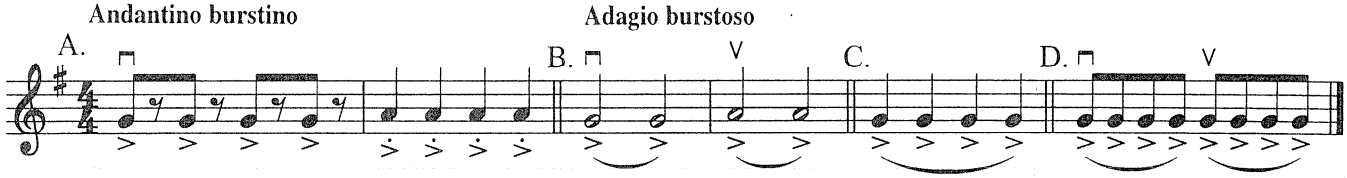


IV. THE MATURING VIBRATO

In this section, your vibrato will develop agility, quick starts, and the ability to move through slurs and shifts.

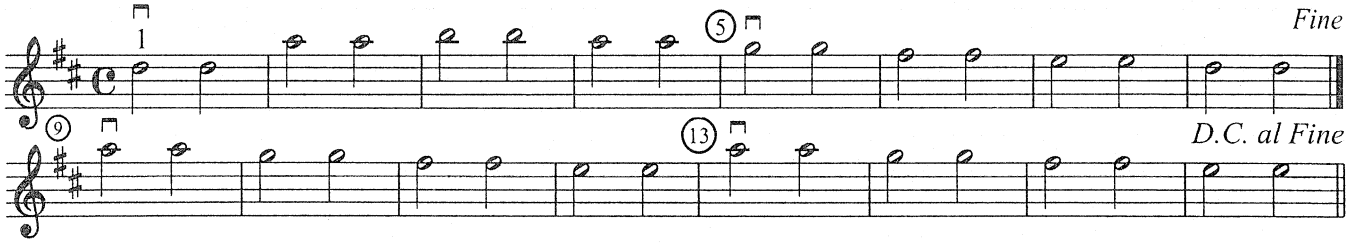
Swingercise #15: VIBRATO BURSTS

These variations on a one-octave scale are intended to give your vibrato a quick start and to speed up a sluggish vibrato. Each day, choose a different key and different position. In variation A, lift fingers slightly during the rests or in between quarter notes (♪𝄾 and ♩ mean the same thing here). In Variations B through D, "zap" the vibrato on the accents. ♩ = 60–80 for all variations.

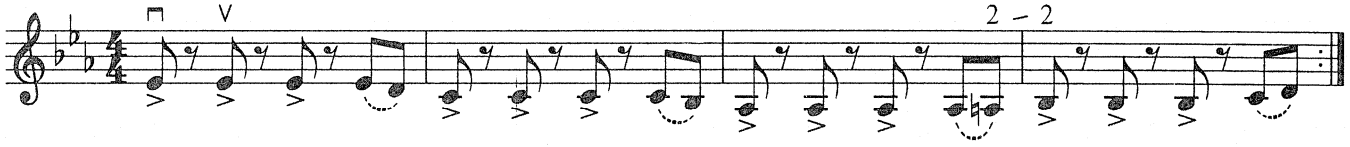


32. Star Bursts — Folk Song

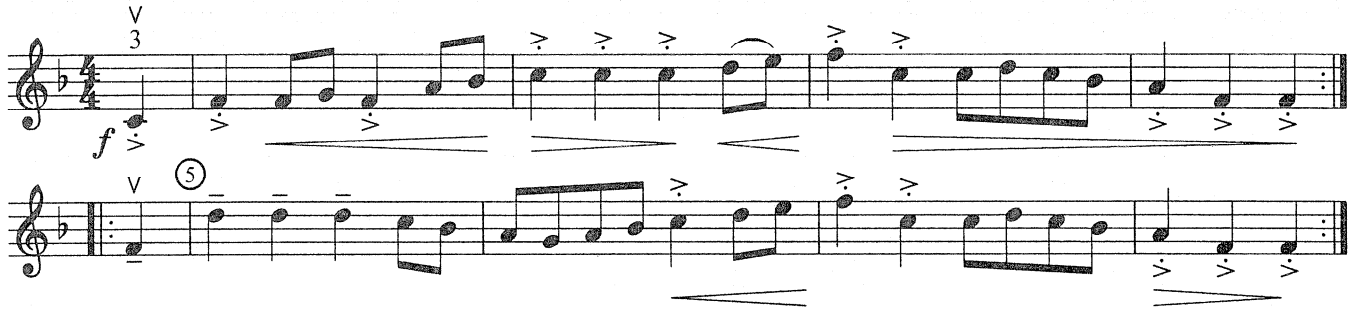
Play *Star Bursts* using variations A through D from *Swingercise #15.*



33. Duke Bursts — Repetizione ad nauseum ♩ = 88 — arr. Fischbach-Frost

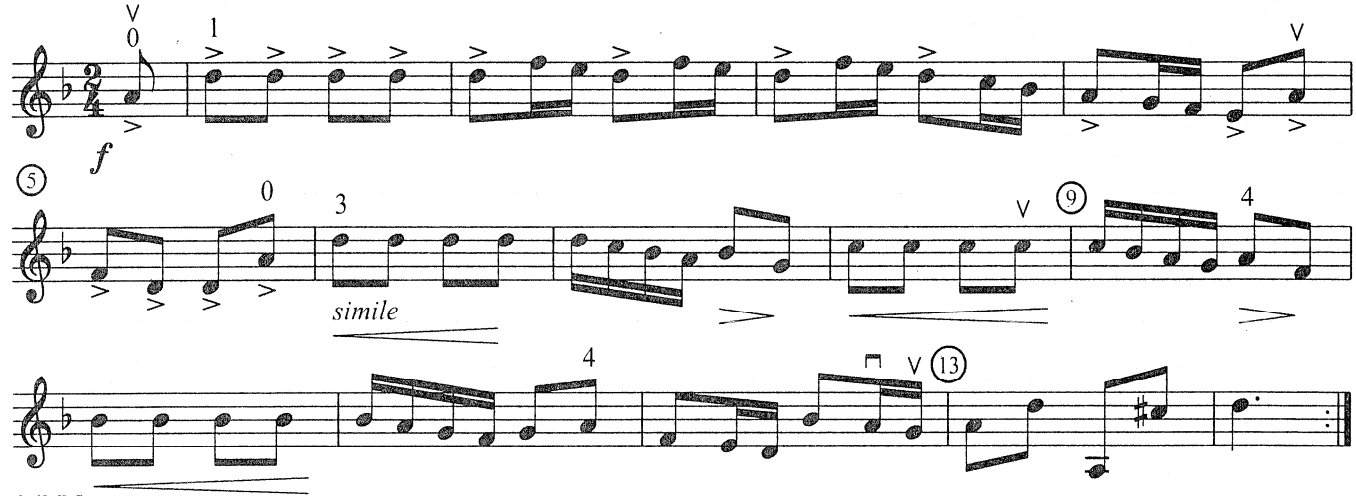


34. John Peel ♩ = 116 — English Folk Song



35. Vivaldi Goes Ballistic! ♩ = 66 — Vivaldi

Accent vigorously with the vibrato and the bow.



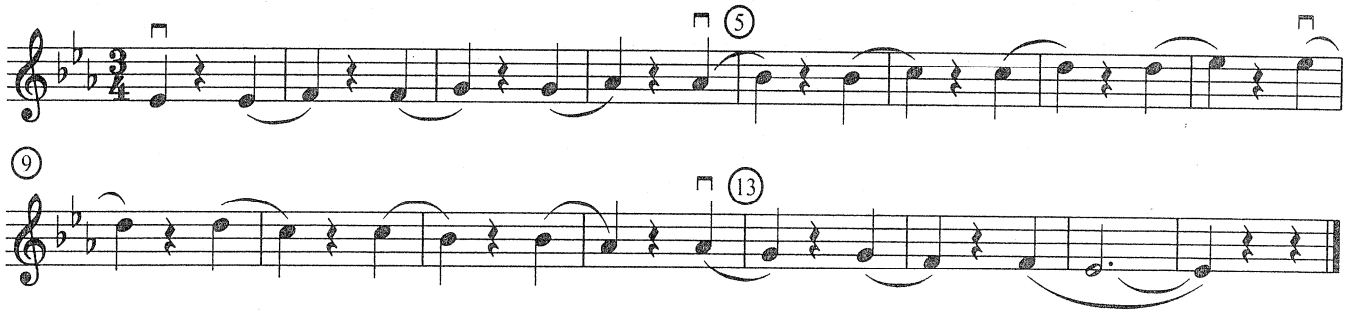
#16. WIGGWOBB (CONNECTING NOTES WITH VIBRATO)

36. Wiggwobb Waltz

Fischbach-Frost

Play *Wiggwobb Waltz* in various octaves, positions, and keys. For every two slurred notes, have just one continuous vibrato.

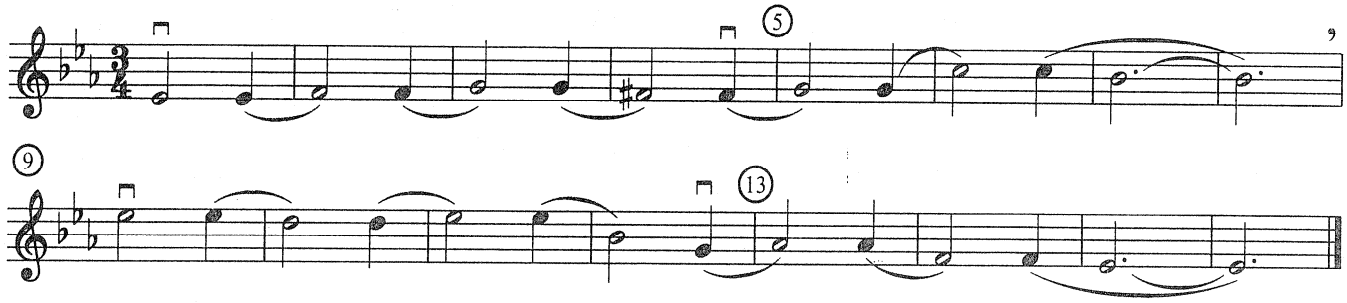
Tempo di wiggwobble ♩ = 88 – 104



37. Graceful Skaters Waltz ♩ = 104 – 116

Fischbach-Frost

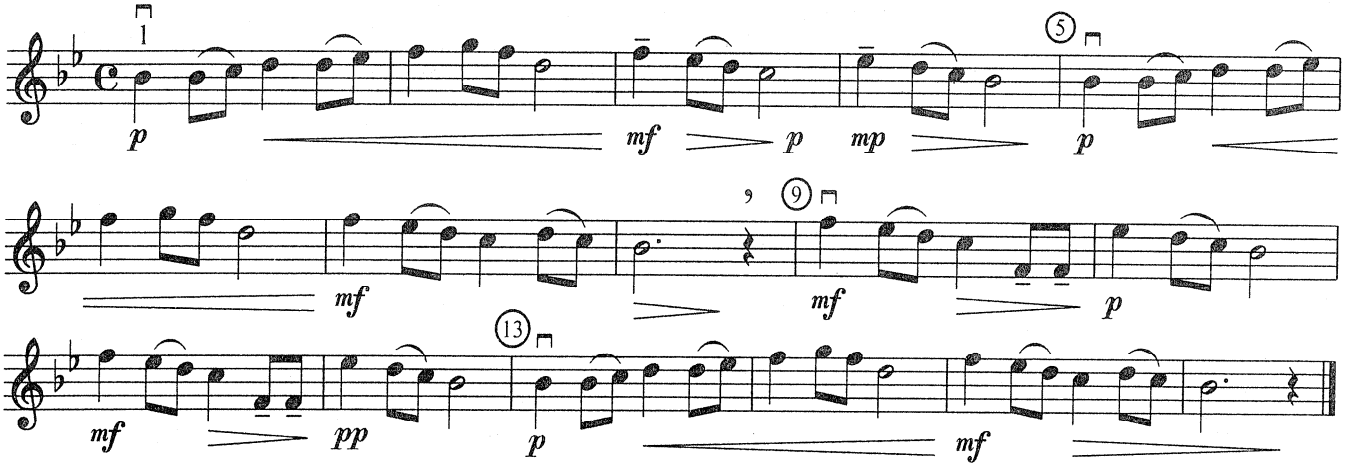
Imagine a graceful skater moving from foot to foot on every downbeat, weight and balance shifting smoothly. With your vibrato, do the same from finger to finger. Pour the vibrato from one finger to the next, so that it doesn't stop between notes.



38. Long, Long, Ago ♩ = 84

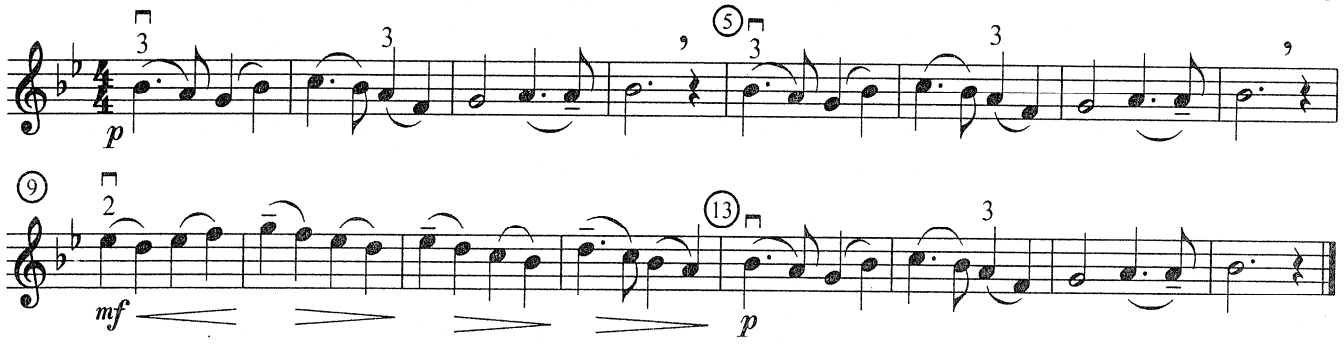
Bayley

Keep the vibrato alive through the slurs.



39. All Through the Night ♩ = 96

Welsh Folk Song

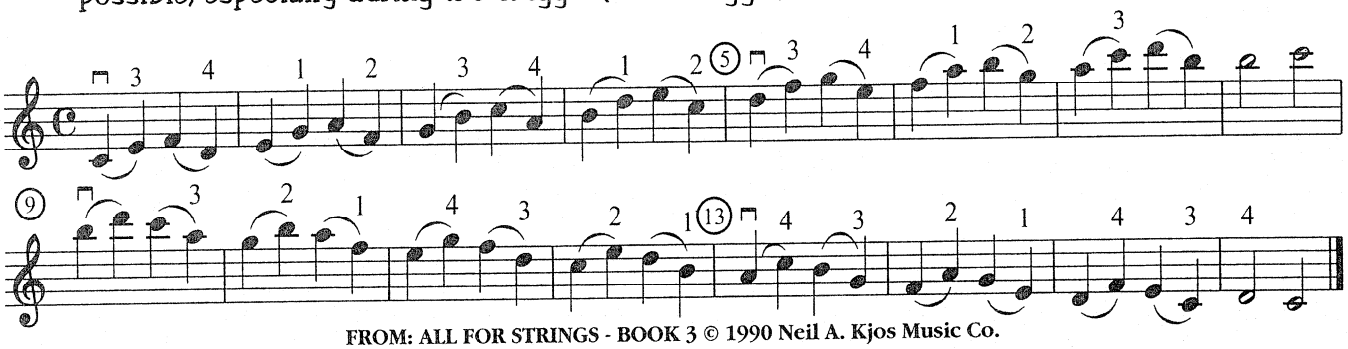


#17: THE SHIGGLE

40. Shiggle, Shiggle ♩ = 56 – 60

Anderson-Frost

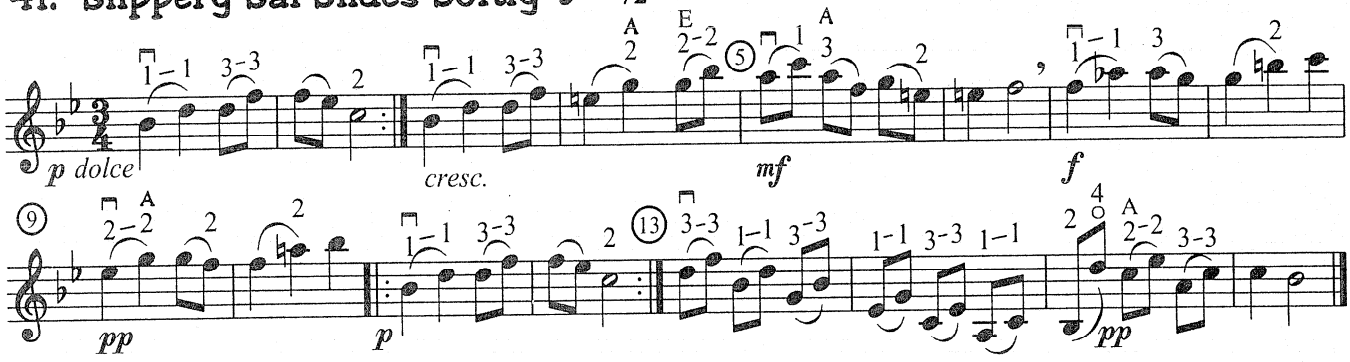
Keep the feeling of vibrato going through the shift. Finger pressure should be as light as possible, especially during the shiggle (shift/wiggle).



FROM: ALL FOR STRINGS - BOOK 3 © 1990 Neil A. Kjos Music Co.

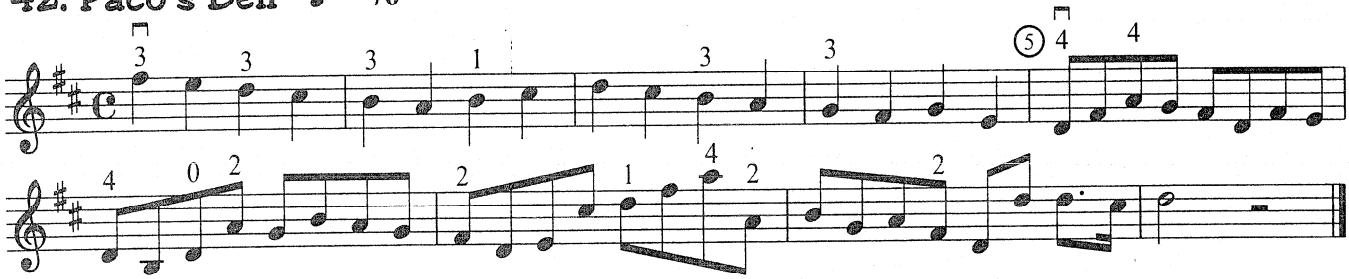
41. Slippery Sal Slides Softly ♪ = 72

Fiorillo



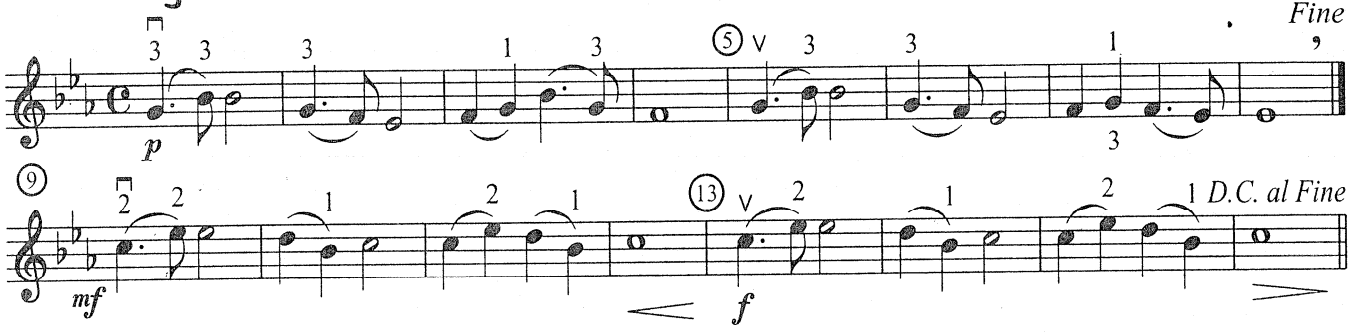
42. Paco's Bell ♪ = 76

Pachelbel



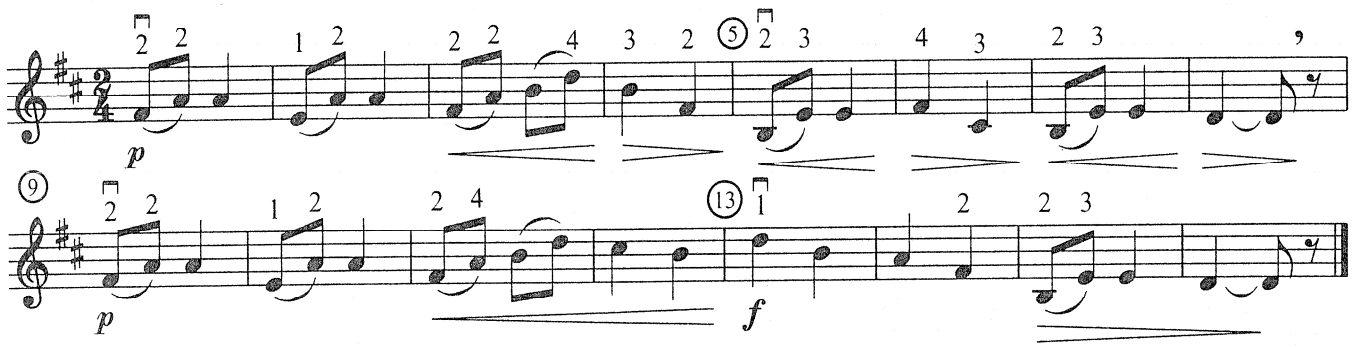
43. Going Home ♩ = 76

Dvořák



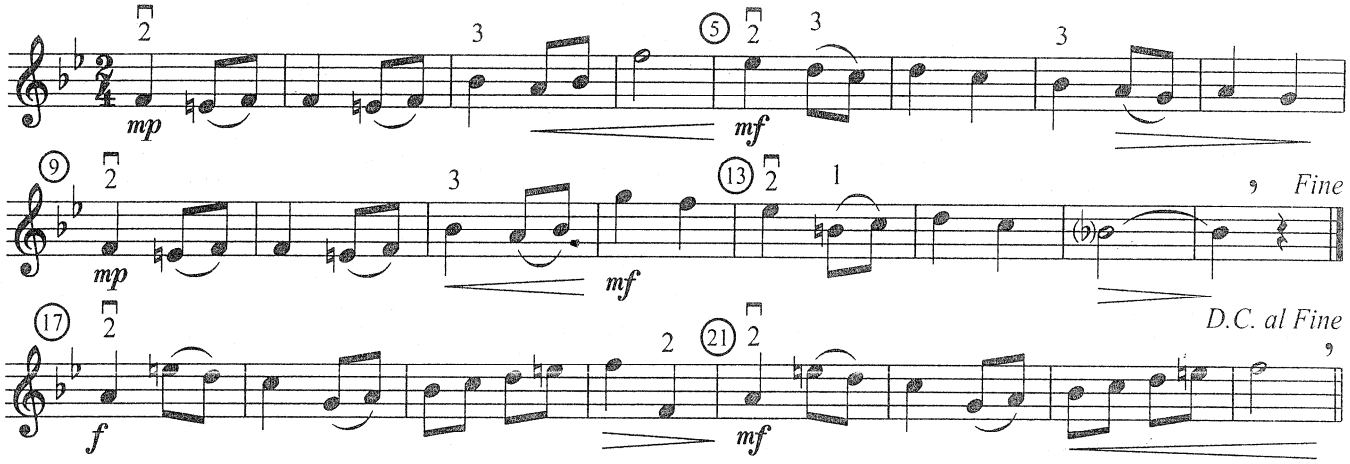
44. To a Wild Rose ♩ = 58

MacDowell



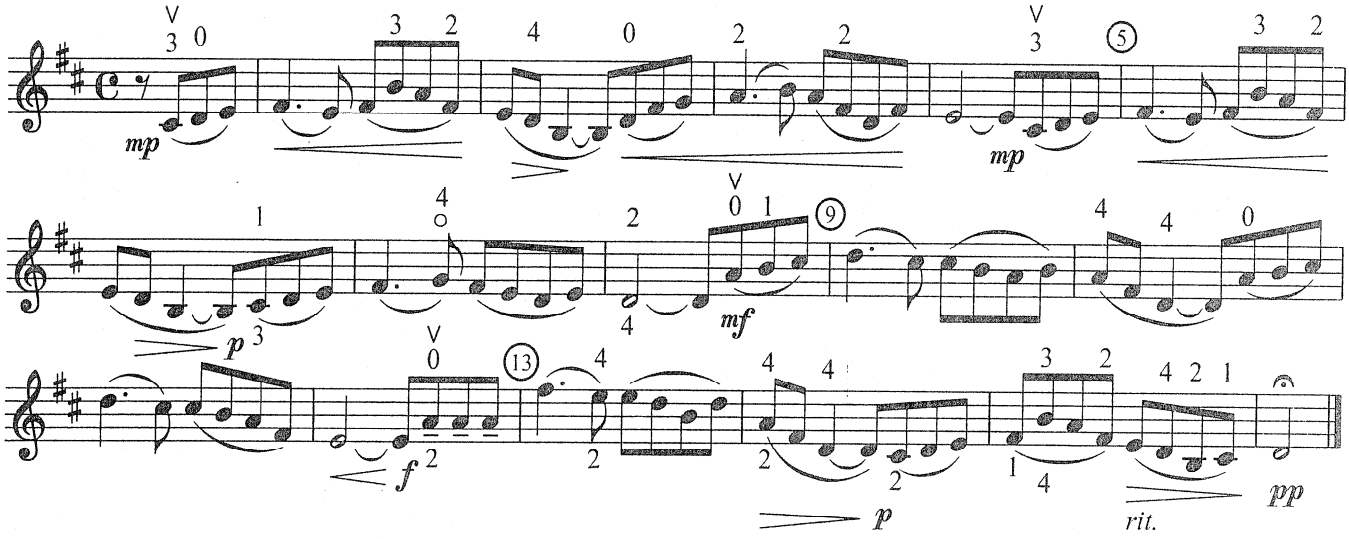
45. Melody ♩ = 76

Rubinstein



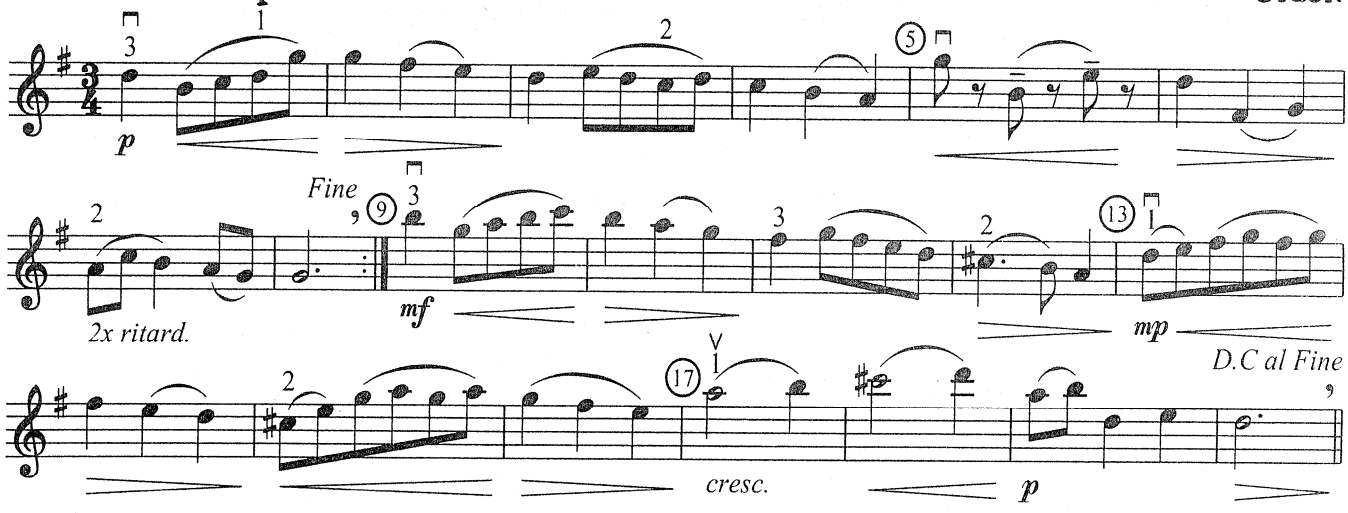
46. Londonderry Air ♩ = 56

Irish Folk Song



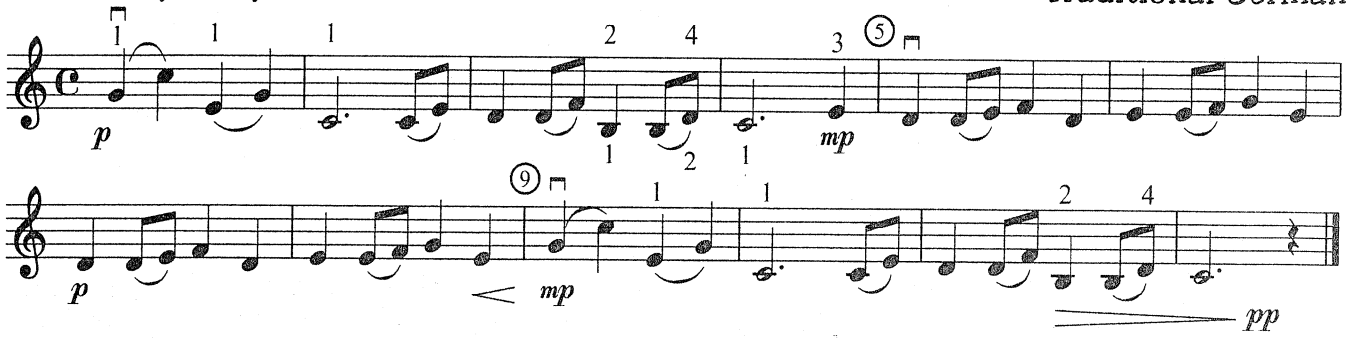
47. Blessed Spirits ♩ = 76

Gluck



48. Still, Still, Still ♩ = 80

Traditional German



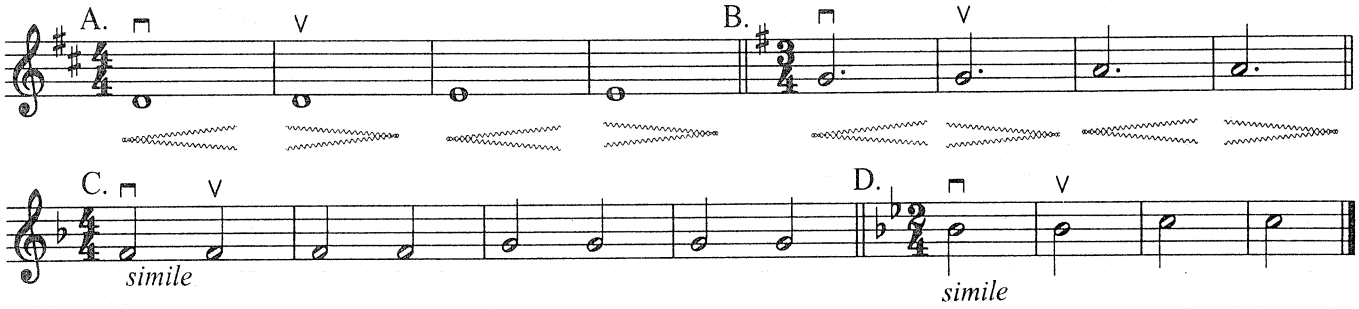
V. THE ARTISTIC VIBRATO

In Part V, you will increase your expressive control, and learn to think artistically in your use of vibrato.

Swing Exercise

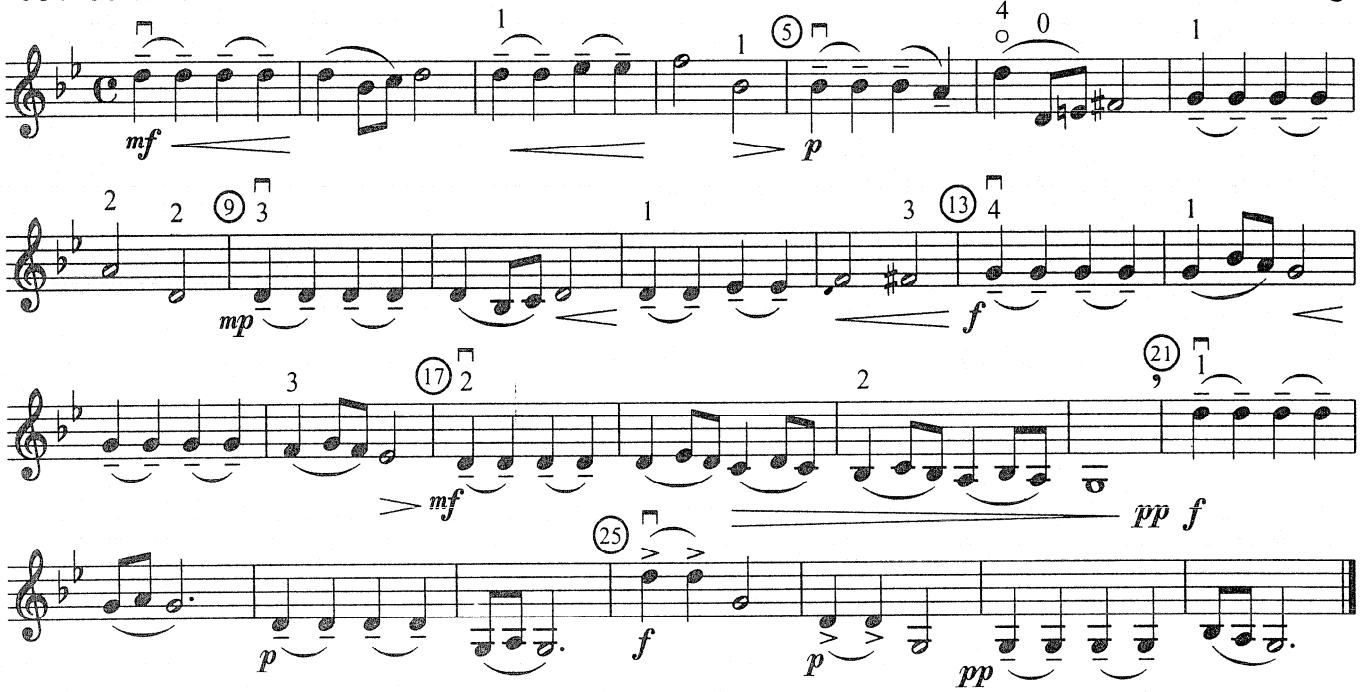
#18: VIBRATO SWELLS

To various one-octave scales, start measure 1 with almost no vibrato; increase vibrato intensity to maximum at the beginning of measure 2; decrease to measure 3; etc. Use the following meters and note values. Try each variation starting up bow (V) as well as down bow (⊓) for further development of your vibrato and tone. ♩ = 60 for all variations.



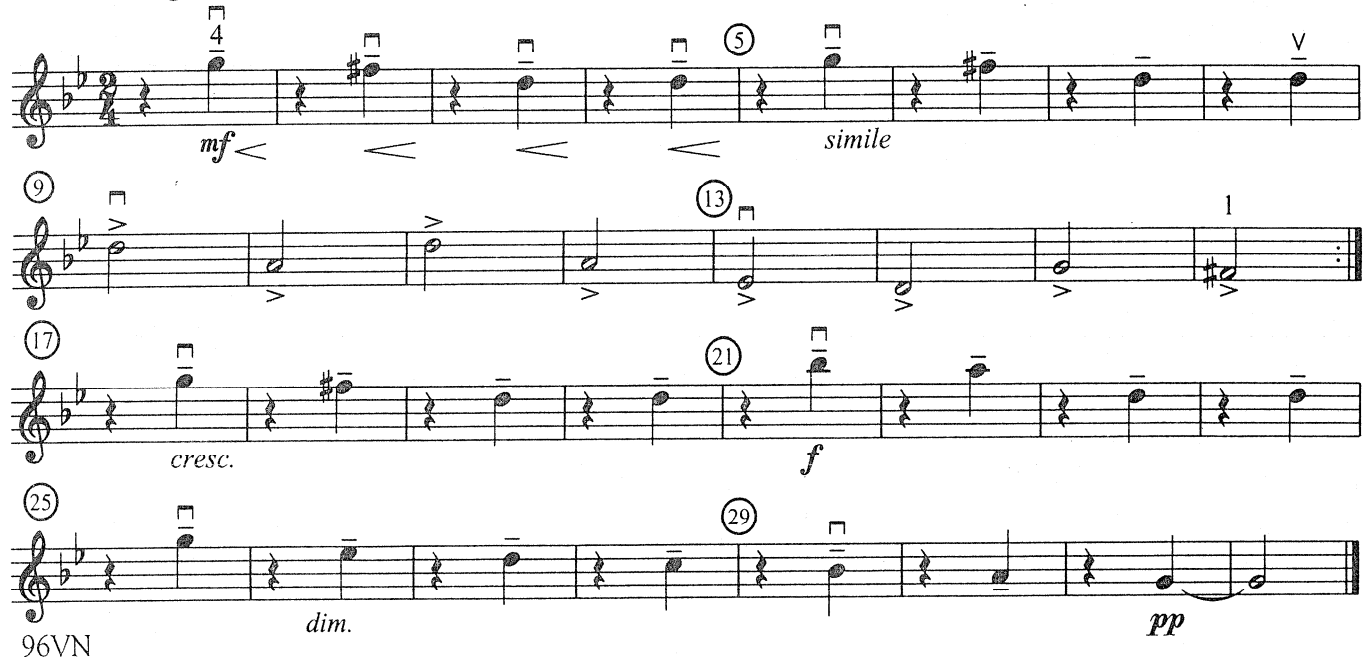
49. Chanson Triste ♩ = 88

Tchaikovsky



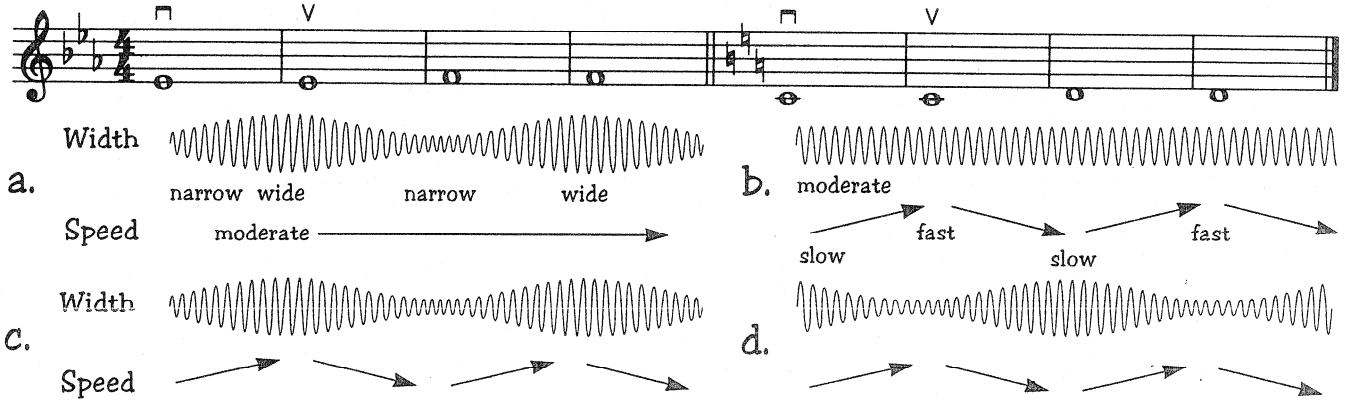
50. Dolly is Ill ♩ = 66

Tchaikovsky



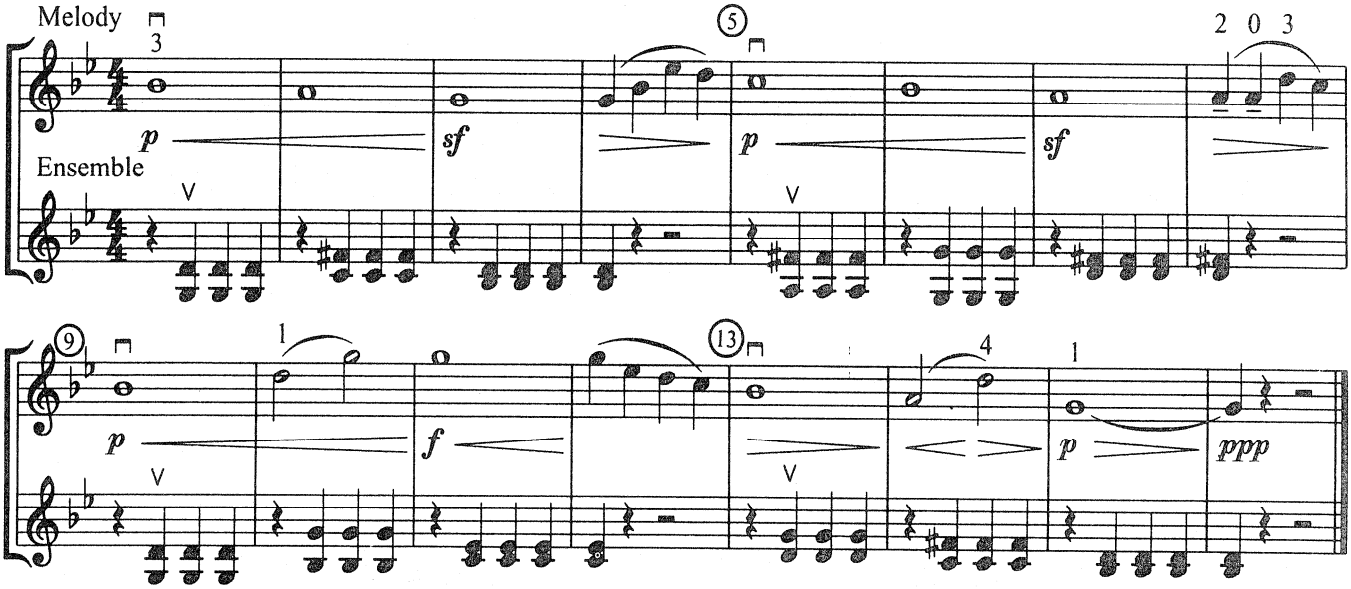
#19: SPEEDWIDTHERY

To various one-octave scales, manipulate the vibrato width and speed as indicated. Try each variation starting up bow as well as down bow for further development of your vibrato and tone. ♩ = 60 for all variations.



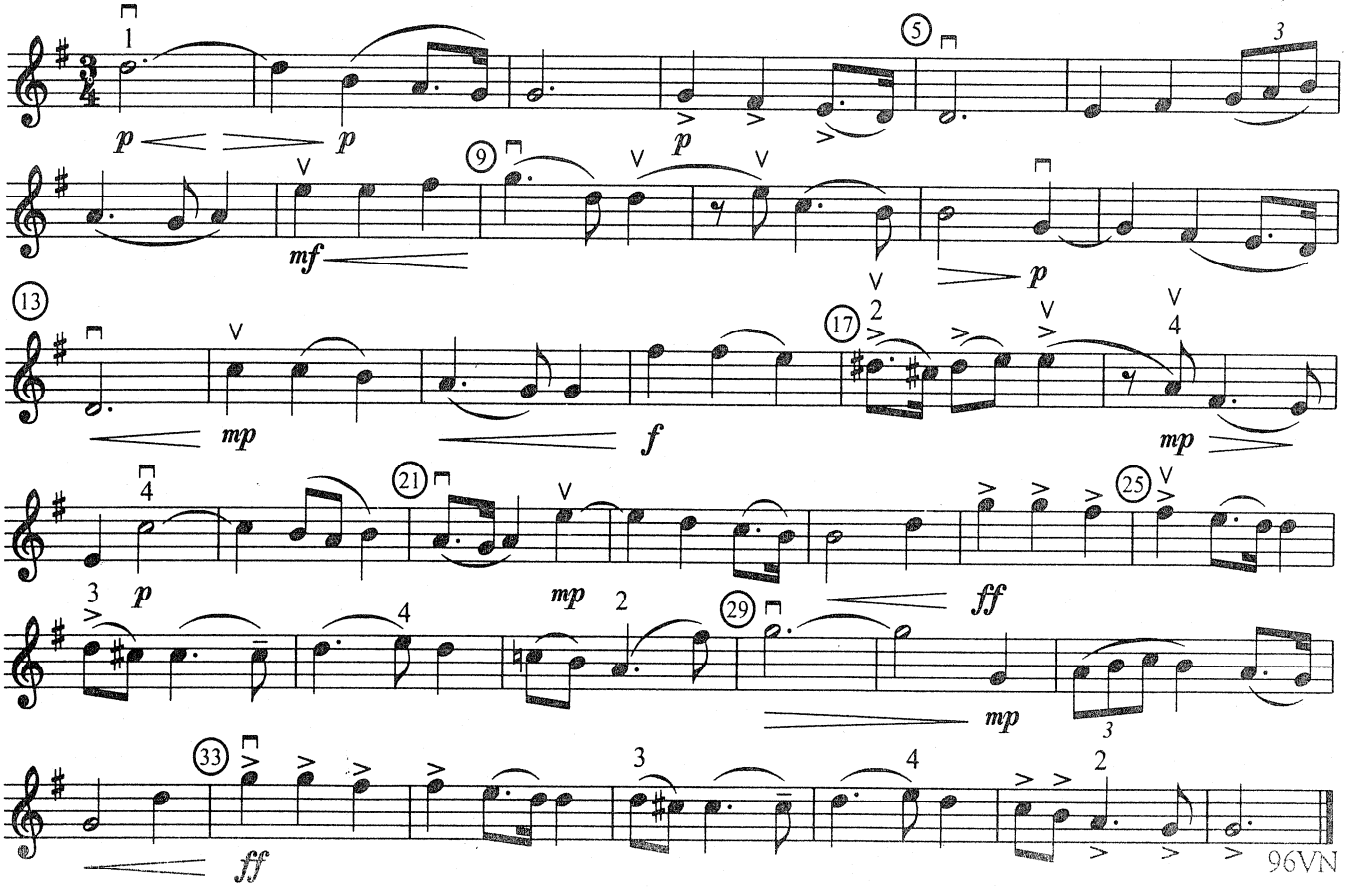
51. Dolly Died! ♩ = 66

Wohlfahrt Op. 38, no. 98



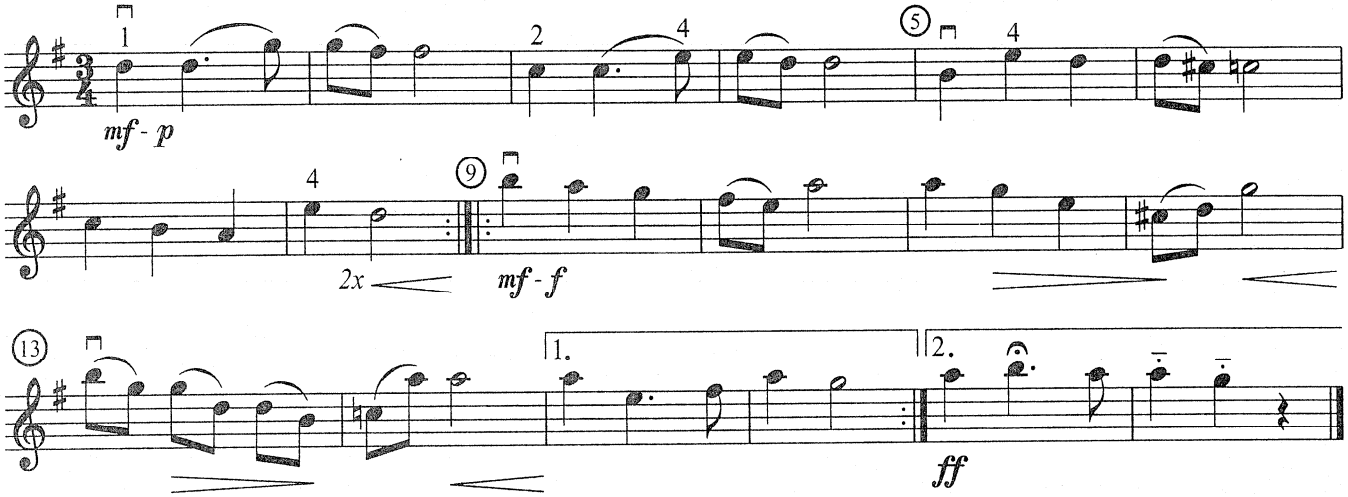
52. Largo ♩ = 63

Handel



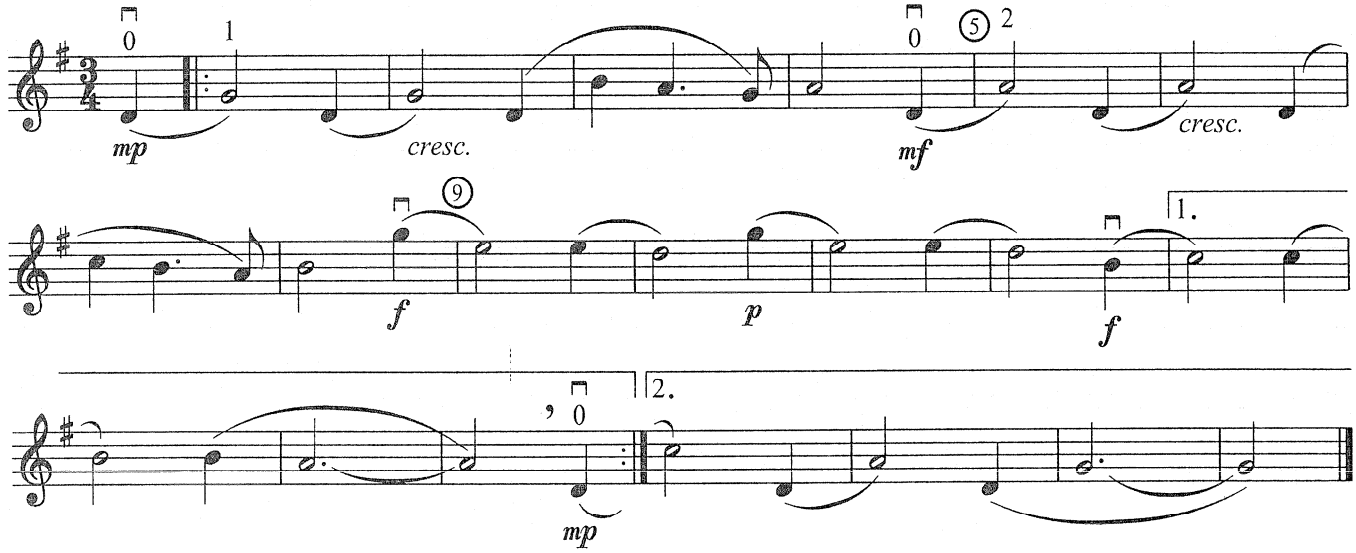
53. Santa Lucia ♩ = 100

Neapolitan Boat Song



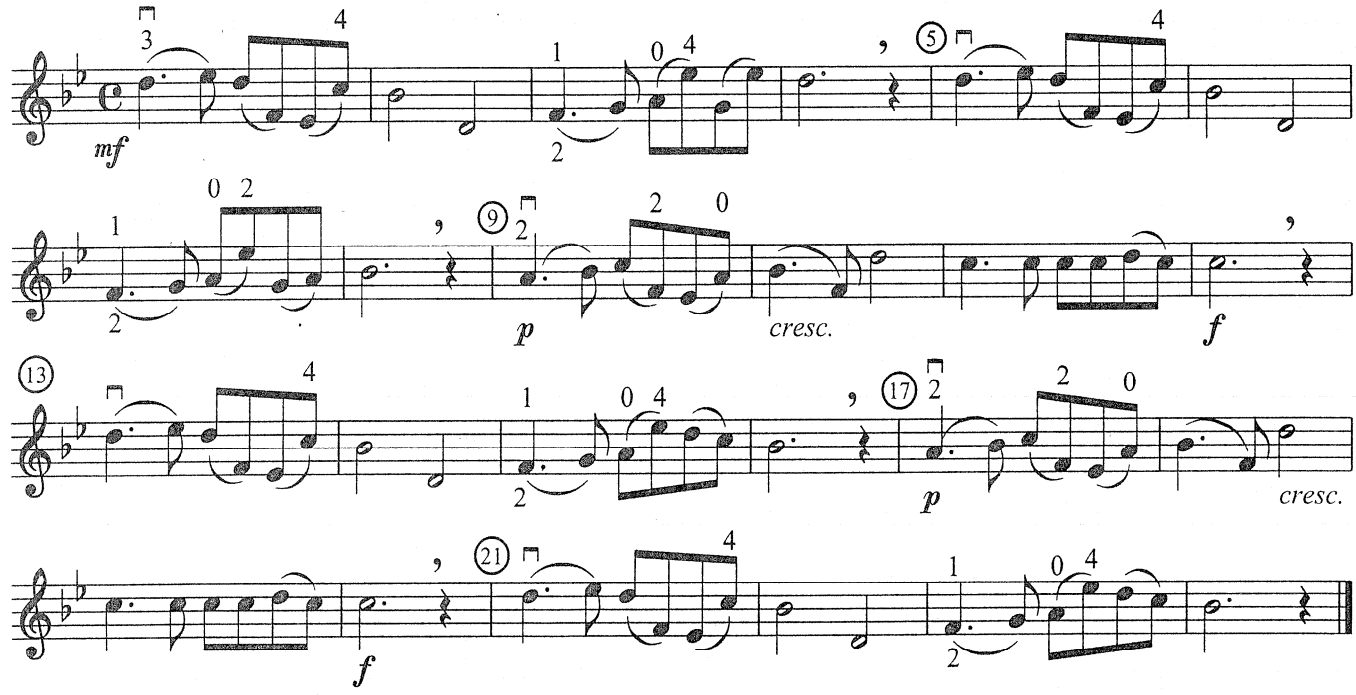
54. Sunset in Vienna ♩ = 120

Frost



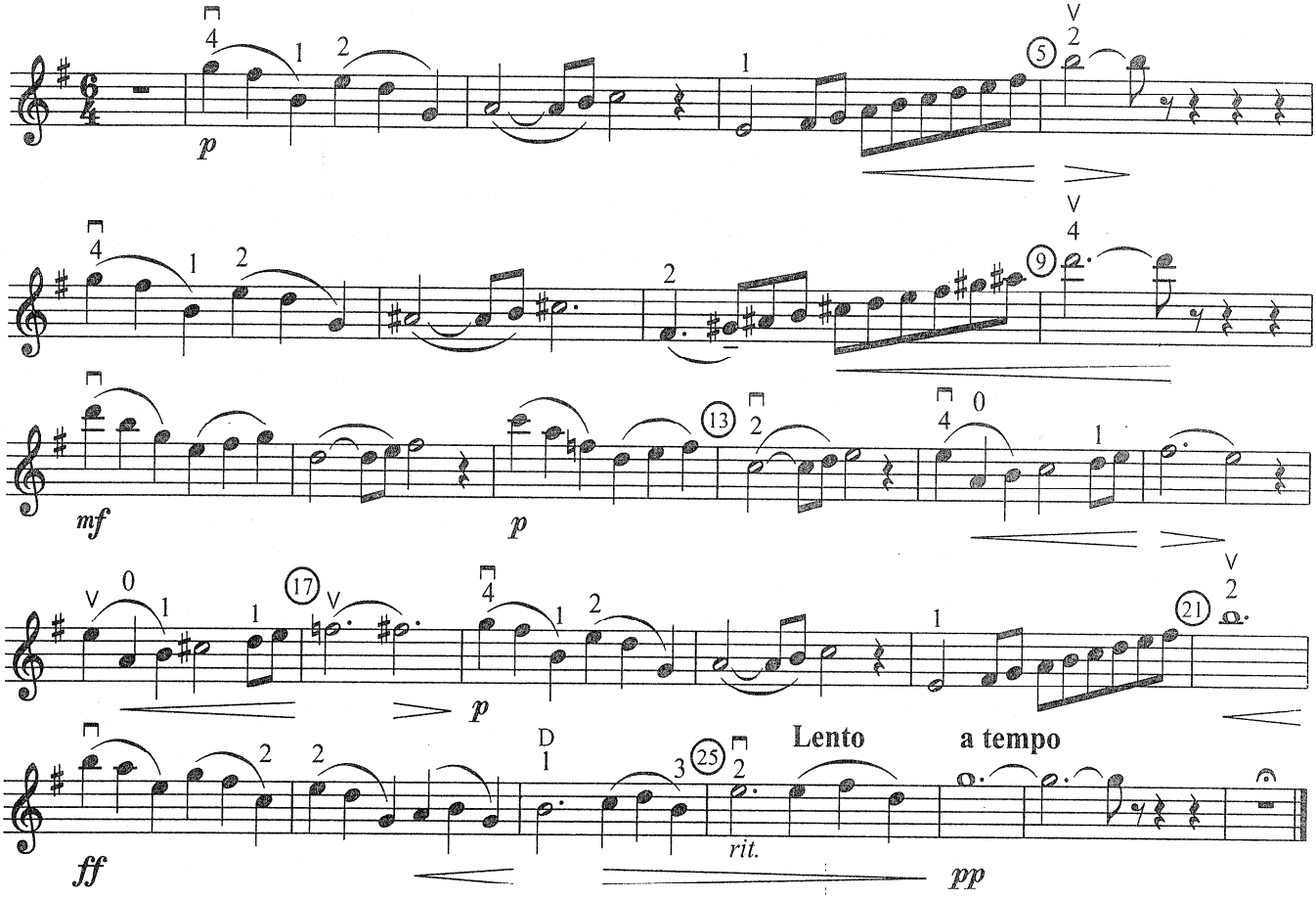
55. Silver Threads Among the Gold ♩ = 69

Hanks



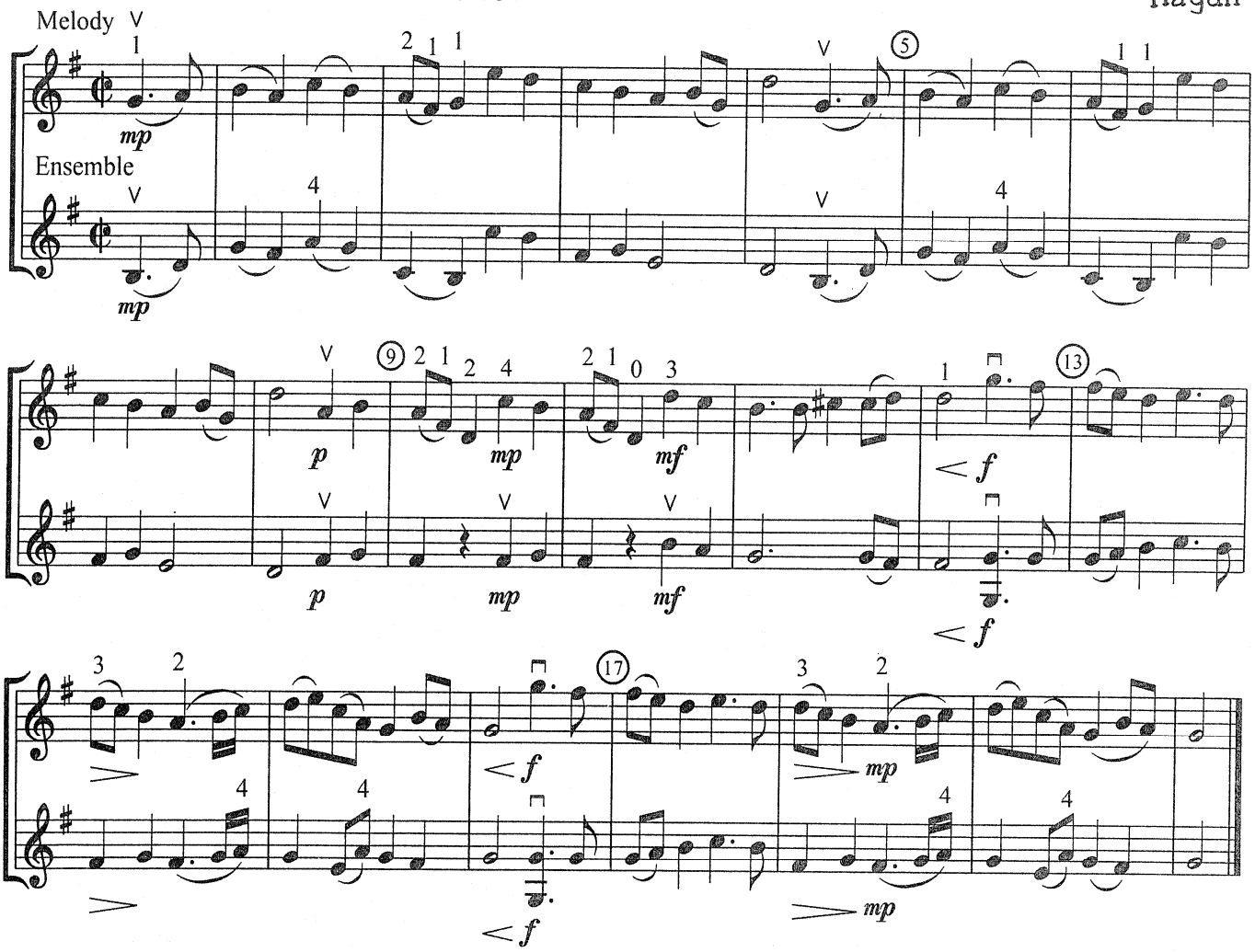
56. The Swan ♩ = 58

Saint-Saëns



57. Austrian National Anthem ♩ = 72

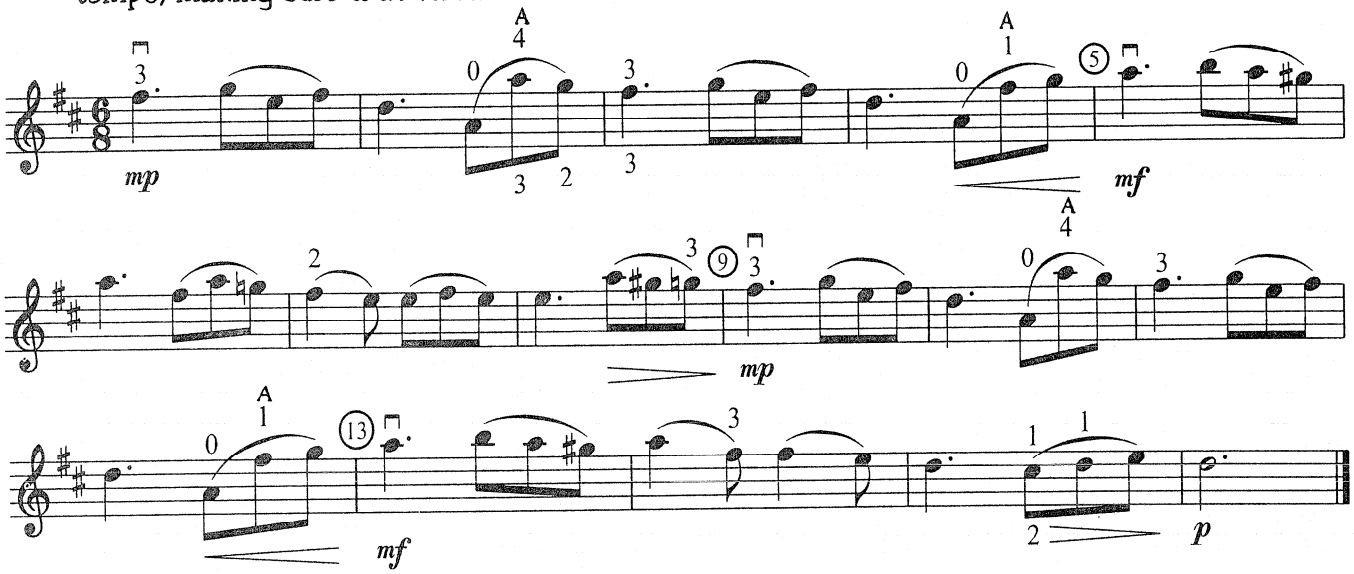
Haydn



58. Piccolo Caprice ♪ = 108 – 144

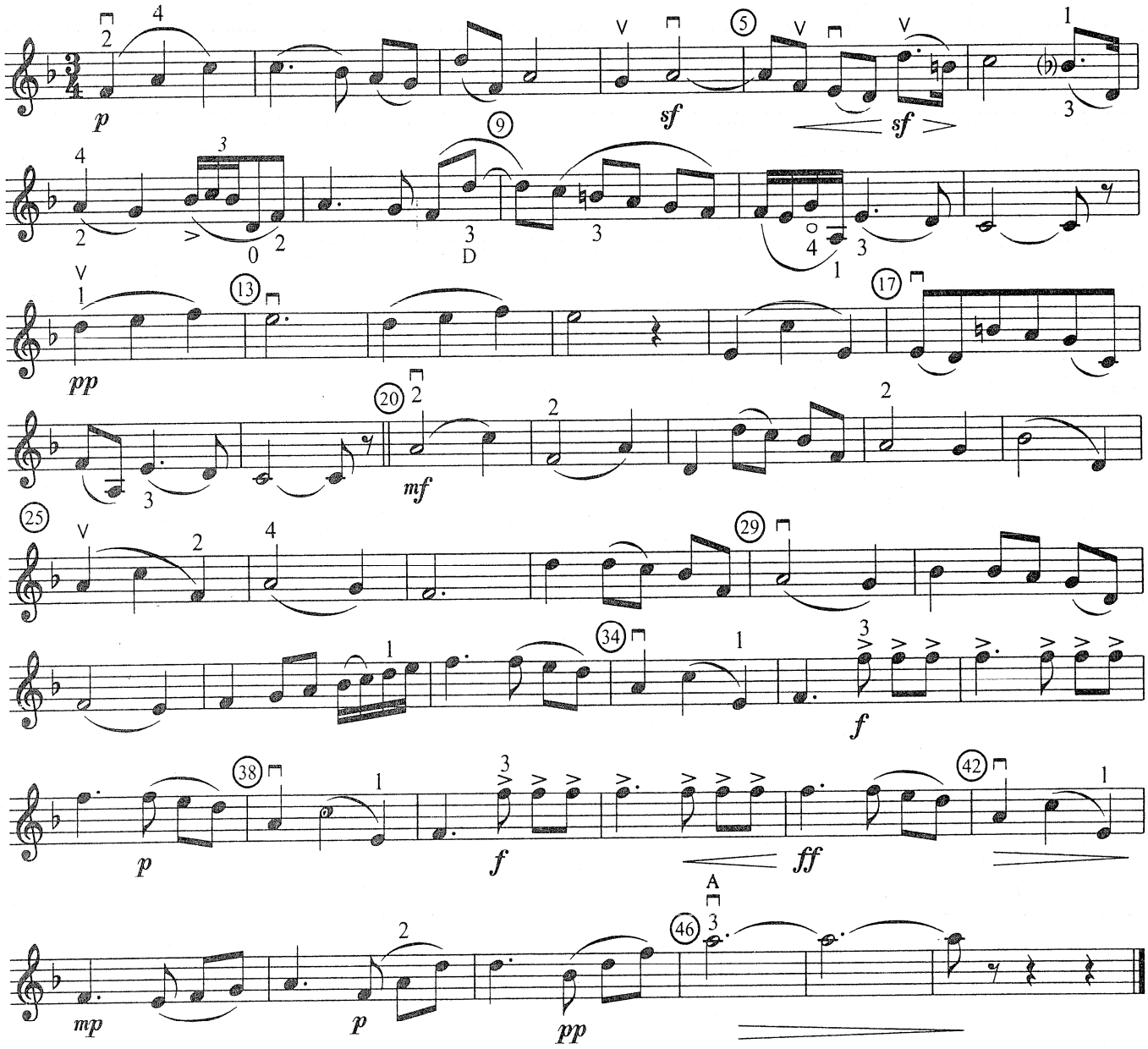
Paganini

Learn this piece first at a slower tempo, taking care that all eighth notes, especially ones played by the 4th finger, have vibrato. Move the tempo gradually forward to the faster tempo, making sure that vibrato remains continuous.



59. Intermezzo ♩ = 84

Mascagni



Metronome Acceleration Checklist

This checklist is designed especially for use with the exercises and tunes related to *Swingercise #13*, pages 9-11.

Traditional (keywound) and some electronic metronomes have specific notches for tempo selection. Most digital metronomes have done away with the notch concept entirely, and permit you to select any specific number of beats per minute. Use Checklist A if your metronome is digital. Use Checklist B if you have a metronome which you set mechanically to traditional notches.

Checklist A

☑	Day		Settings		
☐	1	♪ = 80	85	90	95
☐	2	♪ = 90	95	100	105
☐	3	♪ = 100	105	110	115
☐	4	♪ = 110	115	120	125
☐	5	♪ = 120	125	130	135
☐	6	♪ = 130	135	140	145
☐	7	♪ = 140	145	150	155
☐	8	♩ = 70	75	80	85
☐	9	♩ = 80	85	90	95
☐	10	♩ = 90	95	100	105
☐	11	♩ = 100	105	110	115
☐	12	♩ = 110	115	120	125
☐	13	♩ = 120	125	130	135
☐	14	♩ = 130	135	140	145
☐	15	♩ = 135	140	145	150
☐	16	♩ = 140	145	150	155
☐	17	♩ = 145	150	160	165
☐	18	♩ = 150	155	160	165
☐	19	♩ = 155	160	165	170
☐	20	♩ = 160	165	170	175
☐	21	♩ = 165	170	175	180

Checklist B

☑	Day		Settings		
☐	1	♪ = 80	84	88	92
☐	2	♪ = 88	92	96	100
☐	3	♪ = 96	100	104	108
☐	4	♪ = 104	108	112	116
☐	5	♪ = 112	116	120	126
☐	6	♪ = 120	126	132	138
☐	7	♪ = 132	138	144	152
☐	8	♩ = 72	76	80	84
☐	9	♩ = 80	84	88	92
☐	10	♩ = 88	92	96	100
☐	11	♩ = 96	100	104	108
☐	12	♩ = 104	108	112	116
☐	13	♩ = 112	116	120	126
☐	14	♩ = 116	120	126	132
☐	15	♩ = 120	126	132	138
☐	16	♩ = 126	132	138	144
☐	17	♩ = 132	138	144	152
☐	18	♩ = 138	144	152	160
☐	19	♩ = 144	152	160	168
☐	20	♩ = 152	160	168	176
☐	21	♩ = 160	168	176	180

Note: If things seem to be moving too fast, just stay at a comfortable step for a couple of days, or experiment with smaller moves as you advance the metronome (for example, 144-146-148-150 instead of 144-152-160-168). Artistic vibrato speed is attained at about ♩ = 180, or 6 cycles per second. Although vibratos sometimes go as rapidly as 7 ½ cps, it is not very useful, and can be damaging, to push this routine past ♩ = 180.

Viva Vibrato! is exciting, innovative, and revolutionary in its approach to teaching vibrato. There has never been anything like it before. Its upbeat style and dialogue, and contemporary design, gently guides students through a five-section curriculum: Vibrato Readiness, The Birth of a Vibrato, The Developing Vibrato, The Maturing Vibrato, The Artistic Vibrato. All teachers of string instruments will find **Viva Vibrato!** user friendly, whether in a private studio or in a homogeneous or heterogeneous string class.

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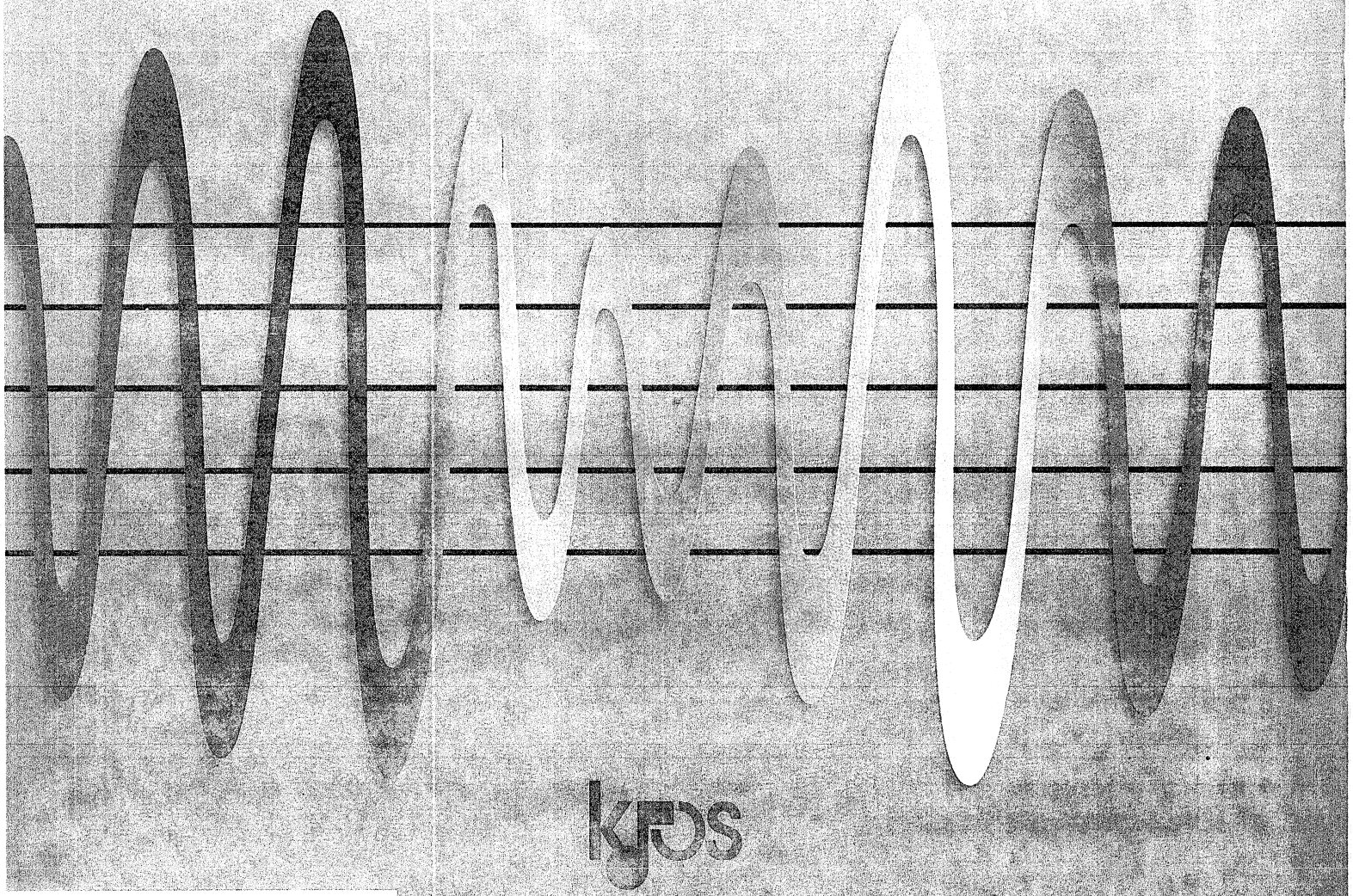

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